

## AVAILABLE EFFERVESCENT FORMULAS



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# EFFERVESCENT TABLETS

## VITAMIN C

Vitamin C is an essential vitamin that cannot be produced by the body itself.

- Vitamin C contributes to the normal function of the immune system.
- Vitamin C contributes to normal collagen formation for the normal function of blood vessels, bones and cartilage.
- Vitamin C contributes to normal psychological function.

**Flavor: Lemon**

<b>Nutritional Values</b> per tablet (4.5 g)	<b>Vitamin C</b>	180 mg (225% RI*)
<b>Nutritional Values</b> per tablet (4.3 g)	<b>Vitamin C</b>	240 mg (300% RI*)
<b>Nutritional Values</b> per tablet (4.3 g)	<b>Vitamin C</b>	500 mg (625% RI*)

## VITAMIN C 1000 mg

High dosage of vitamin C for a strong immune system.

- Vitamin C contributes to the normal function of the immune system.
- Vitamin C contributes to maintain the normal function of the immune system during and after intense physical exercise.

**Flavor: Orange**

<b>Nutritional Values</b> per tablet (4.3 g)	<b>Vitamin C</b>	1000 mg (1250% RI*)
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# EFFERVESCENT TABLETS

## CALCIUM 1000 mg + D<sub>3</sub>

Calcium is quantitatively the most important mineral in the human organism. The body stock is about one kilogram. About 99 percent of it is bound in the skeleton (and enamel) and ensures the strength and stability of these tissues. This is why calcium is often referred to as a "bone mineral".

- Calcium contributes to normal muscle function and to the maintenance of normal bones.

**Flavor:** Orange

### Nutritional Values per tablet (7.0 g)

Calcium	1000 mg (125% RI*)	Vitamin D <sub>3</sub>	5 µg (100% RI*)
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## CALCIUM + VITAMIN D + K

Calcium, Vitamin D3 and Vitamin K1 contribute to the maintenance of normal bones.

- Calcium and Vitamin D help to reduce the loss of bone mineral in post-menopausal women. Low bone mineral density is a risk factor for osteoporotic bone fractures.
- Because Vitamin K is also involved in normal bone metabolism, the combination with calcium and Vitamin D makes particular sense.

**Flavor:** Mango

### Nutritional Values per tablet (4.75 g)

Calcium	500 mg (62.5% RI*)	Vitamin K <sub>1</sub>	75 µg (100% RI*)
Vitamin D <sub>3</sub>	5 µg (100% RI*)		



# EFFERVESCENT TABLETS

## MAGNESIUM

The body cannot produce magnesium itself and is therefore dependent on a regular supply.

- Magnesium contributes to electrolyte balance and to normal protein synthesis.
- Magnesium contributes to normal energy-yielding metabolism and contributes to normal functioning of the nervous system.
- Magnesium contributes to normal muscle function.

**Flavor: Orange (187.5 mg) and Peach (200 mg)**

<b>Nutritional Values</b> per tablet (4.0 g)	<b>Magnesium</b>	187.5 mg (50% RI*)
<b>Nutritional Values</b> per tablet (4.0 g)	<b>Magnesium</b>	200 mg (53 % RI*)

## IRON AND VITAMINS

One effervescent tablet provides 100% of the reference value for iron, Vitamin C, Folic Acid and Vitamin B12.

- Iron contributes to the normal formation of red blood cells.
- Vitamin C and Vitamin B12 support normal energy metabolism, Folic Acid contributes to normal blood formation.
- Vitamin C increases iron absorption

**Flavor: Cherry**

<b>Nutritional Values</b> per tablet (4.2 g)			
Iron	14 mg (100% RI*)	Folic Acid	200 µg ( 100% RI*)
Vitamin C	80 mg (100% RI*)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)

# EFFERVESCENT TABLETS

## MULTIVITAMIN

Food supplement for preparing a drink with the most important vitamins. One effervescent tablet provides 100% of the reference value for the best care of your body.

Flavor: Orange

### Nutritional Values per tablet (4.5 g)

Vitamin C	80 mg (100% RI*)	Vitamin B <sub>2</sub>	1.4 mg (100% RI*)
Niacin	16 mg (NE) (100% RI*)	Vitamin B <sub>1</sub>	1.1 mg (100% RI*)
Vitamin E	12 mg (α-TE) (100% RI*)	Biotin	50 µg (100% RI*)
Pantothenic Acid	6 mg (100% RI*)	Folic Acid	200 µg (100% RI*)
Vitamin B <sub>6</sub>	1.4 mg (100% RI*)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)

## MULTIVITAMIN + MINERALS

A sufficient supply of vitamins and minerals is a precondition for health and well-being. This effervescent tablet contains carefully selected vitamins and minerals and supports a balanced diet.

Flavor: Mango

### Nutritional Values per tablet (4.5 g)

Magnesium	56.25 mg (15% RI*)	Vitamin B <sub>6</sub>	1.4 mg (100% RI*)
Calcium	120 mg (15% RI*)	Vitamin B <sub>2</sub>	1.4 mg (100% RI*)
Phosphorus	105 mg (15% RI*)	Vitamin B <sub>1</sub>	1.1 mg (100% RI*)
Vitamin C	80 mg (100% RI*)	Biotin	50 µg (100% RI*)
Niacin	16 mg (NE) (100% RI*)	Folic Acid	200 µg (100% RI*)
Vitamin E	12 mg (α-TE) (100% RI*)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)
Pantothenic Acid	6 mg (100% RI*)		

# EFFERVESCENT TABLETS

## A-Z MULTIVITAMIN

All important in one effervescent tablet: All the vitamins, minerals and trace elements that are important for the body combined into a valuable vitamin A-Z complex.

Flavor: Tropic

Nutritional Values per tablet (4.5 g)			
Vitamin A	600 µg (RE) (75% RI*)	Vitamin B <sub>1</sub>	1.1 mg (100% RI*)
Niacin	16 mg (NE) (100% RI*)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)
Vitamin E	12 mg (α-TE) (100% RI*)	Potassium	40 mg (2% RI*)
Pantothenic Acid	6 mg (100% RI*)	Chromium	25 µg (62.5% RI*)
Calcium	100 mg (12.5% RI*)	Zinc	5 mg (50% RI*)
Vitamin B <sub>6</sub>	1.4 mg (100% RI*)	Selenium	25 µg (45.5% RI*)
Vitamin B <sub>2</sub>	1.4 mg (100% RI*)	Magnesium	60 mg (16% RI*)

## IMMUNE BOOST - VITAMIN C + ZINC

Immune Boost effervescent tablets are a good dissolving effervescent tablet with a delicious orange taste.

- Contains high-quality Vitamin C which contributes to the normal function of the immune system and to the protection of cells from oxidative stress.
- Zinc contributes to the normal function of the immune system.

Flavor: Orange

Nutritional Values per effervescent tablet (4.3 g)			
Vitamin C	1000 mg (1250% RI*)	Zinc	10 mg (100% RI*)

# EFFERVESCENT TABLETS

## IMMUNE BOOST EXTRA

Immune boost extra effervescent tablets, is an ideal supplement to boost your immunity.

- Vitamin C, Vitamin D and Zinc have numerous effects on the normal function of the immune system. Selenium contributes to the protection of cells from oxidative stress.

**Flavor:** Lychee

### Nutritional Values per effervescent tablet (4.3 g)

Vitamin C	1000 mg (1250% RI*)	Selenium	55 µg (100% RI*)
Zinc	10 mg (100% RI*)	Vitamin D <sub>3</sub>	5 µg (100% RI*)

## LIVER SUPPORT

When we detox our body, we actually detox our Liver. Obesity and an increase in Cholesterol result in the deposition of fat on the liver called fatty liver. This reduces the ability of the liver to manage cholesterol and breakdown fat.

**Flavor:** Peach

### Nutritional Values per tablet (4.5 g)

Calcium	200 mg (25% RI*)	Vitamin B <sub>2</sub>	1.4 mg (100% RI*)
Vitamin E	12 mg (α-TE) (100% RI*)	Chromium	40 µg (100% RI*)
Vitamin B <sub>12</sub>	2.5 µg (100% RI*)	Vitamin B <sub>6</sub>	1.4 mg (100% RI*)
Choline			82.5 mg (-)

# EFFERVESCENT TABLETS

## KIDS MULTIVITAMIN

Special nutrient combination with vitamins for children. Effervescent tablets with delicious strawberry flavour.

- Special nutrient combination of 10 vitamins to support the health of children.

**Flavor:** Strawberry

### Nutritional Values per tablet (4.5 g)

Vitamin C	40 mg (50% RI*)	Vitamin B <sub>6</sub>	0.7 mg (50% RI*)
Pantothenic Acid	3.0 mg (50% RI*)	Biotin	25 µg (50% RI*)
Vitamin B <sub>1</sub>	0.55 mg (50% RI*)	Vitamin E	6.0 mg (α-TE) (50% RI*)
Vitamin B <sub>12</sub>	1.25 µg (50% RI*)	Vitamin B <sub>2</sub>	0.7 mg (50% RI*)
Niacin	8.0 mg (NE) (50% RI*)	Folic Acid	100 µg (50% RI*)

## KIDS MULTIVITAMIN + CALCIUM

A unique combination for the entire nutritional needs of children.

- 10 Vitamins and in addition Calcium, an essential mineral for kids.
- Calcium is needed for normal growth and development of bone in children.

**Flavor:** Strawberry

### Nutritional Values per tablet (4.5 g)

Calcium	120 mg (15% RI*)	Vitamin B <sub>1</sub>	0.55 mg (50% RI*)
Vitamin E	6.0 mg (α-TE) (50% RI*)	Vitamin B <sub>12</sub>	1.25 µg (50% RI*)
Vitamin B <sub>2</sub>	0.7 mg (50% RI*)	Niacin	8.0 mg (NE) (50% RI*)
Folic Acid	100 µg (50% RI*)	Vitamin B <sub>6</sub>	0.7 mg (50% RI*)
Vitamin C	40 mg (50% RI*)	Biotin	25 µg (50% RI*)
Pantothenic Acid	3.0 mg (50% RI*)		

# EFFERVESCENT TABLETS

## KIDS WINTER BOOST

Special nutrient combination with vitamins for children. Effervescent tablet with delicious strawberry flavour. Get your child through the winter time well.

Flavor: Apple

### Nutritional Values per tablet (4.5 g)

Calcium	120 mg (15% RI*)	Vitamin B <sub>6</sub>	0.35 mg (25% RI*)
Vitamin B <sub>12</sub>	0.625 µg (25% RI*)	Folic Acid	50 µg (25% RI*)
Vitamin C	20 mg (25% RI*)		

## PREGNANCY

An uncomplicated way to take vitamins and minerals in a refreshing drink. Take only one tablet with a glass of water per day to get fresh start into the morning. For women during pregnancy and breastfeeding. Contains 12 vitamins and 5 minerals including Folic Acid.

Flavor: Ginger

### Nutritional Values per tablet (4.5 g)

Calcium	120 mg (15% RI*)	Biotin	50 µg (100% RI*)
Vitamin B <sub>1</sub>	1.1 mg (100% RI*)	Pantothenic Acid	6,0 mg (100% RI*)
Vitamin D <sub>3</sub>	10 µg (200% RI*)	Copper	1000 µg (100% RI*)
Vitamin B <sub>12</sub>	2.5 µg (100% RI*)	Vitamin C	80 mg (100% RI*)
Niacin	16 mg NE (100% RI*)	Vitamin B <sub>6</sub>	1.4 mg (100% RI*)
Iron	114 mg (100% RI*)	Vitamin K <sub>1</sub>	75 µg (100% RI*)
Chromium	40 µg (100% RI*)	Folic Acid	400 µg (200% RI*)
Magnesium	60 mg (16% RI*)	Zinc	10 mg (100% RI*)
Vitamin B <sub>2</sub>	1.4 mg (100% RI*)	Selenium	75 µg (136% RI*)
Vitamin E	12 mg (α-TE) (100% RI*)		

# EFFERVESCENT TABLETS

## MEN MULTIVITAMIN

Revitalize your routine with our effervescent tablets designed for men. Packed with essential nutrients and vitamins, our specially formulated tablets support energy, vitality, and overall well-being. Effortlessly boost your daily regimen and seize the day with our tasty product tailored for men's health.

**Flavor:** Pineapple

Nutritional Values per tablet (4.5 g)			
Calcium	120 mg (15% RI*)	Vitamin B <sub>6</sub>	0.7 mg (50% RI*)
Vitamin C	40 mg (50% RI*)	Biotin	25 µg (50% RI*)
Pantothenic Acid	3.0 mg (50% RI*)	Manganese	1.0 mg (50% RI*)
Vitamin B <sub>1</sub>	0.55 mg (50% RI*)	Vitamin E	6,0 mg (α-TE) (50% RI*)
Vitamin B <sub>12</sub>	1.25 µg (50% RI*)	Vitamin B <sub>2</sub>	0.7 mg (50% RI*)
Zinc	5.0 mg (50% RI*)	Folic Acid	100 µg (50% RI*)
Niacin	8.0 mg NE (50% RI*)		

## CALCIUM 600 mg + VITAMIN K2 45 µg + VITAMIN D3 25 µg

A strong combination for normal bone preservation: calcium, vitamin D3 and vitamin K2

- Calcium is needed for the maintenance of normal bones.
- Calcium and Vitamin D help to reduce the loss of bone mineral in post-menopausal women. Low bone mineral density is a risk factor for osteoporotic bone fractures.
- Vitamin K contributes to the maintenance of normal bones

**Flavor:** Orange

Nutritional Values per tablet (7.0 g)			
Calcium	600 mg (75% RI*)	Vitamin D <sub>3</sub>	25 µg (500% RI*)
Vitamin K <sub>2</sub>	45 µg (60 % RI*)		

# EFFERVESCENT TABLETS

## GREENS

Revitalize your body with our refreshing Greens effervescent tablets. Infused with a blend of spinach powder, kale, spirulina, chlorella and Spectra, in combination with vitamins and minerals, our carefully crafted formula delivers a potent dose of nutrient-rich greens. Experience the rejuvenating benefits of our product, designed to support overall health and well-being.

**Flavor:** Strawberry/Lime

Nutritional Values per tablet (4.6 g)			
Magnesium	56.25 (15% RI*)	Pantothenic Acid	3.0 mg (50% RI*)
Vitamin C	40 mg (50% RI*)	Folic Acid	100 µg (50% RI*)
Vitamin B <sub>2</sub>	0.7 mg (50% RI*)	Calcium	120 mg (15% RI*)
Vitamin B <sub>12</sub>	1.25 µg (50% RI*)	Vitamin B <sub>1</sub>	0.55 mg (50% RI*)
Chloride	1120 mg (15% RI*)	Vitamin B <sub>6</sub>	0.7 mg (50% RI*)
Niacin	8.0 mg (NE) (50 % RI*)	Biotin	2.25 µg (50 % RI*)

## WELLBEING HOT & COLD

Discover harmony in every sip with our Wellbeing effervescent tablets designed for both hot and cold beverages. Enriched with melissa extract and essential vitamins, our carefully formulated blend creates a soothing and balanced experience. Indulge in a moment of tranquility and nourish your body and mind with our trusted product.

**Flavor:** Balm/Apple

Nutritional Values per tablet (7.0 g)			
Biotin	50 µg (100% RI*)	Vitamin B <sub>6</sub>	1.4 mg (100% RI*)
Vitamin B <sub>1</sub>	1.1 mg (100% RI*)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)
Niacin	16 mg (NE) (100% RI*)	Vitamin C	80 mg (100% RI*)

# EFFERVESCENT TABLETS

## GOOD SLEEP

Experience restful nights with our Good Sleep effervescent tablets infused with melatonin and lemon balm extract. Carefully formulated to promote relaxation and support healthy sleep patterns, our blend helps you unwind and achieve a peaceful slumber.

**Flavor:** Blueberry/Lavender

### Nutritional Values per tablet (4.5 g)

Melatonin	1.5 mg (-)	Magnesium	93.75 mg (25% RI*)
Vitamin B <sub>6</sub>	2.8 mg (200% RI*)	Lemon balm extract	20 mg (-)
Glycine	500 mg (-)	Vitamin C	80 mg (100% RI*)
Potassium	300 mg (15% RI*)		

## HAIR, NAILS AND SKIN

Enhance your beauty from within with our specialized Hair, Nails, and Skin effervescent tablets. Infused with collagen, essential vitamins, minerals, and trace elements, our carefully formulated blend promotes healthy hair, strong nails, and glowing skin.

**Flavor:** Peach

### Nutritional Values per tablet (4.4 g)

Collagen	500 mg (-)	Copper	500 µg (50% RI*)
Vitamin B <sub>2</sub>	0.7 mg (50% RI*)	Vitamin E α-TE	6 mg (50% RI*)
Vitamin C	240 mg (300% RI*)	Vitamin A	400 µg (50% RI*)
Biotin	100 µg (200% RI*)	Zinc	10 mg (100% RI*)
Selenium	25 µg (45.45% RI*)		

# EFFERVESCENT TABLETS

## APPLE CIDER

Apple Cider effervescent tablets are a good alternative to the apple-vinegar drink.

- The apple vinegar effervescent tablets are the ideal supplement for your own health goals

**Flavor:** Citrus

### Nutritional Values per tablet (4.5 g)

Apple cider vinegar powder	300 mg (-)	Vitamin C	40 mg (50% RI*)
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## DIET SUPPORT

Boost your dieting efforts with our powerful Diet Support effervescent tablets. Full of amino acids, green tea extract, chasteberry, as well as essential vitamins and minerals, our carefully crafted blend supports weight management and overall well-being. Experience the energizing benefits of our trusted product and take control of your dieting journey.

**Flavor:** Grapefruit/Green tea

### Nutritional Values per tablet (4.5 g)

L-Carnitine	500 mg (-)	Vitamin B <sub>2</sub>	1.4 mg (100% RI*)
Vitamin B <sub>6</sub>	1.4 mg (100% RI*)	Chromium	60 µg (150% RI*)
Niacin	16 mg (100% RI*)	Greentea extract	100 mg (-)
Chinese chaste tree extract	40 mg (-)	Vitamin B <sub>1</sub>	1.1 mg (100% RI*)
BCAA	200 mg (-)	Zinc	10 mg (100% RI*)

# EFFERVESCENT TABLETS

## COLLAGEN + VITAMIN C

This product contains 100 mg collagen per serving, Vitamin C, Niacin, Vitamin B1, Vitamin B6 and Zinc.

- Niacin contributes to the maintenance of normal skin.
- Zinc contributes to the maintenance of normal hair and nails.
- Vitamin C contributes to normal collagen formation for the normal function of blood vessels
- Thiamine contributes to normal psychological function
- Vitamin B6 contributes to normal protein and glycogen metabolism

**Flavor:** Peach

### Nutritional value and other substances per tablet (4.3 g)

Vitamin C	1000 mg (1250% RI*)	Zinc	1.65 mg (17% RI*)
Niacin	4.0 mg (NE) (25% RI*)	Vitamin B <sub>6</sub>	4.0 mg (286% RI*)
Vitamin B <sub>1</sub>	4.0 mg (364% RI*)	Collagen	100 mg

## WOMEN BEAUTY-BOOST

The biotin Beauty-Boost that works and tastes! Each tablet contains 100 mg cranberry extract and 1.0 mg coenzyme Q<sub>10</sub>.

- Biotin contributes to the maintenance of normal hair and of normal skin.

**Flavor:** Cranberry

### Nutritional Values per tablet (4.2 g)

Biotin	150 µg (300% RI*)	Magnesium	56,25 mg (15% RI*)
Vitamin E	12 mg α-TE (100% RI*)		

# EFFERVESCENT TABLETS

## LONG NIGHT RECOVERY

Replenish and recover with our Long Night Recovery effervescent tablets. Formulated with electrolytes, our blend restores hydration and essential minerals lost during sleep. Wake up refreshed and ready to conquer the day with our product for optimal recovery.

**Flavor:** Lemon

### Nutritional value per tablet (6.5 g)

Vitamin C	80 mg (100% RI*)	Sodium	492 mg (-)
Potassium	185 mg (9.3% RI*)		

## SPORT RECOVERY

Accelerate your post-workout recovery with our high-performance Sport Recovery effervescent tablets. Packed with essential amino acids, vitamins, minerals, and trace elements, our carefully crafted blend supports muscle recovery, replenishes nutrients, and enhances overall athletic performance.

**Flavor:** Pear

### Nutritional Values per tablet (4.2 g)

L-Glutamine	2.000 mg (-)	Folic Acid	200 µg (100% RI*)
BCAA 2:1:1	1.000 mg (-)	Vitamin B <sub>12</sub>	2,5 µg (100% RI*)
L-Carnitin L-Tartrat	500 mg (-)	Magnesium	187,5 mg (100% RI*)
Vitamin B <sub>2</sub>	1,4 mg (100% RI*)	Iron	7 mg (50% RI*)
Niacin	16 mg (100% RI*)	Zinc	5 mg (50% RI*)
Vitamin B <sub>6</sub>	11,4 mg (100% RI*)		

# EFFERVESCENT TABLETS

## ELECTROLYTE

Tasty and refreshing sports drink during and after endurance training – magnesium is a mineral that contributes to electrolyte balance and normal muscle function.

**Flavor:** Orange or Lemon

### Nutritional value per tablet (4.5 g)

Chloride	180 mg (22.5 % RI*)	Potassium	70 mg (3.5 % RI*)
Magnesium	120 mg (32% RI*)	Sodium	300 mg

## INTENSE WORKOUT

Intense Workout consists of an optimal combination of micronutrients and the “power substance” creatine.

- The daily intake of 3 g of creatine increases physical performance in successive bursts of short-term, high intensity exercise.
- Zinc contributes to the maintenance of a normal level of testosterone in the blood. Testosterone in the body is needed amongst other things for muscle building. Pantothenic Acid and Vitamin B<sub>6</sub> contribute to normal energy metabolism as well as to reducing fatigue and tiredness.

**Flavor:** Citrus

### Nutritional Values per tablet (5.5 g)

Creatine	3000 mg (-)	Pantothenic Acid	1.0 mg (17% RI*)
Vitamin B <sub>6</sub>	0.25 mg (18% RI*)	Zinc	1.5 mg (15% RI*)
Magnesium	56.25 mg (15% RI*)		

# EFFERVESCENT TABLETS

## INTENSE L-CITRULLIN AND L-ARGININ

This combined preparation makes the enormous potential of arginine fully fertile: by combining arginine with its precursor L-citrulline. This product is a power booster for the muscle pump. Arginine develops its effect immediately. Citrulline is transformed into arginine in the body with a time delay and ensures that the arginine level in the blood remains high for longer.

- Magnesium contributes to normal muscle function.
- Zinc contributes to normal protein synthesis and to normal macronutrient metabolism.
- Selenium contributes to the protection of cells from oxidative stress.
- Vitamin C and Vitamin B<sub>2</sub> contribute to normal energy-yielding metabolism.
- Vitamin B<sub>6</sub> contributes to normal protein and glycogen metabolism.
- Vitamin B<sub>12</sub> contributes to metabolism and to the reduction of tiredness and fatigue.
- Folate contributes to normal amino acid synthesis.

**Flavor: Lemon**

Nutritional value per tablet (10. g)			
L-Arginin	3000 mg (-)	Selenium	27.5 µg (50% RI*)
Fenugreek extract	75 mg (-)	Vitamin B <sub>6</sub>	1.4 mg (100% RI*)
Zinc	10 mg (100% RI*)	L-Tyrosin	100 mg (-)
Vitamin B <sub>2</sub>	0.8 mg (57.6% RI*)	Magnesium	50 mg (13.33% RI*)
Folic Acid	200 µg (100% RI*)	Vitamin C	80 mg (100% RI*)
L-Citrullin	1000 mg (-)	Vitamin B <sub>12</sub>	2.5 µg (100% RI*)
Taurin	50 mg (-)		

# EFFERVESCENT TABLETS

## GAMING BOOSTER

Elevate your gaming experience with our Gaming Booster effervescent tablets. Specially formulated for e-sports and gaming enthusiasts, our powerful blend of nutrients enhances focus, endurance, and mental clarity. Unleash your gaming potential with our product, designed to give you the winning edge.

**Flavor:** Mango

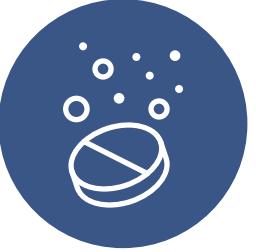
Nutritional value per tablet (4.5 g)			
Taurine	250 mg (-)	Ginseng extract	8 mg (-)
L-Tyrosine	500 mg (-)	Choline Bitartrate	19 mg (-)
Caffeine	125 mg (-)	Vitamin D <sub>3</sub>	2,5 µg (50% RI*)
Green tea extract	25 mg (-)	Vitamin B <sub>12</sub>	2,5 µg (100% RI*)
Ginkgo biloba extract	8 mg (-)		

## FOCUS BOOSTER

Introducing Focus Booster effervescent tablets, specially designed to support cognitive performance during learning, gaming, and other mental tasks. These tablets contain carefully selected ingredients such as Ginkgo Biloba, L-Tyrosine, and Caffeine to enhance focus, concentration, and mental clarity. Elevate your mental abilities with Brain Booster tablets.

**Flavor:** Lime

Nutritional value per tablet (4.5 g)			
Vitamin B <sub>1</sub>	1.1 mg	Ginkgo biloba extract	16 mg
Vitamin B <sub>2</sub>	2.8 mg	Vitamin C	40 mg
Vitamin B <sub>6</sub>	2.8 mg	Vitamin E (alpha TE)	12 mg
Vitamin B <sub>12</sub>	5 µg	Zinc	5 mg
Magnesium	188 mg	Ginkgo biloba	50 mg
Coenzyme Q10	5 mg	Caffeine	75 mg
Biotin	50 µg	L-Tyrosine	100 mg



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